

# ST. ANASTASIA SCHOOL ATHLETICS

## ATHLETE BEHAVIOR CONTRACT

(to be completed for each sport)

Sport (circle one):    Volleyball                      Football                      Cheerleading  
                                 Basketball                      Softball                      Track

In an effort to assure the safety and respect for all athletes, coaches and referees, the following rules must be followed by all athletes of St. Anastasia School. By signing below, I acknowledge that have read all of the items in this contract, and both athlete and parent(s) have discussed them and understand them.

1. I will respect all members of the team/squad. I will treat them the same way I would like to be treated. I will only use POSITIVE words. I will not use inappropriate language.
2. I will respect my coaches. I will listen when they are speaking, and will respect their ideas, opinions and suggestions. I am committed to the team. I will solve conflict with my words in a POSITIVE and CONSTRUCTIVE way. I will not yell, scream or pout.
3. I am representing St. Anastasia School and will follow the rules that apply in the school. If I have a problem with a referee call or judgment during a game, I will wait until there is a time out or another appropriate time to talk to my coach about it, and let my coach deal with the problem. It is NEVER appropriate to yell at a referee.
4. During practices and games, I will not use my cell phone. I understand that it is disruptive to others during a game or practice. It will be turned **off**. If there is an emergency, the coaches can be reached on their cell phones.

Failure to follow these rules will result in the following consequences:

First Offense:                      Warning  
Second Offense:                      Athlete will have a 10 minute “break”; parent will be notified  
Third Offense:                      Removal from the game or practice; parent will be notified  
Fourth Offense:                      Removal from the team for the season; parent will be notified

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date